

2014 – The Guidance of the numbers

Let your purpose be elevation, let the key be forgiveness

This document is based on a simple proposition: That you might wish to take advantage and align with the qualities of the numbers present in the year ahead.

What is shared here are not predictions. It is a series of reflections on the numbers of the year 2014.

Each individual can select what they identify as relevant themes for working with and feel supported and guided by the presence of that number over the next 12 months.

The secret sacred strength of the year 2014 is the 4

Themes: **love**, gratitude, prayer, trust, devotion, commitment, truthfulness and service.

If we refuse these qualities then we will have doubt and confusion at a very basic level.

It means there is a danger of bypassing the heart; leaving it in a state of paralysis.

The neutral state of being needs to be stimulated and awoken.

The best focus of the trust is towards your own soul.

Have Gratitude for your very existence. It will bring prosperity.

Prayer is the language of the small quiet voice inside

– this year it wants to speak, and its prayer is for peace.

Service gets you out of your own block, out of your own black hole. Beyond your small self.

Honesty is first about really loving yourself - and then giving and receiving love with all.

Love is a neutral base from where spontaneous responsiveness is natural.

The overall gift, which needs to be unwrapped; the primary axis is 14 (1+4) = 5:

Themes: **communication**, challenge, change, reversal, sacrifice, messenger, bridge, identity.

The challenge and changes are working at foundational level.

Volunteer for the change. Declare 2014 as a turning point.

Name your soul and bring your soul into your name.

Who you are is what you are.

Communication is 'soul to soul', and 'soul to higher self'.

Your identity is the bridge:

Between the micro and Macro, finite and Infinite, created and Creator, past and the Future.

5 in the primary axis suggests a relation between sound and the earth element:

Use of seed mantra (bij). Sowing the seeds of Naam in the ground of the Unconscious.

Vibrating the Naam to activate the seed of the soul.

A communicative bridge between soul and subtle body.

The Apex which surrounds and covers, like an umbrella, the whole of 2014 is $2 + 0 + 1 + 4 = 7$

Themes: **forgiveness**, elevation, vision – seeing not seeking, recognition, understanding

The karma of 7 is about all the ways we get stuck in the past,
and trapped in the dungeon of our mind.

This is a year to replace guilt with common sense.
The Virtue is forgiveness - a radical relation to the past.

A relation to past that is free of animosity or revenge towards self or others.

Even though we are innocent, still we have felt regret, shame, guilt, and other emotional reactions to our past. And even though we know that no-one is responsible for our experience, still we have fallen in the trap of blame, animosity, accusation, revenge, resentment, punishment and judgement of others. And so, even if consciously we may find no trace of these qualities today, still their patterns exist within the subconscious realms of our being.

Furthermore these karmic patterns of the psyche, formed in the collective mind, watch over us all the time.

Therefore it makes sense to enter in a state of deep and infinite forgiveness in order to clear ourselves from these haunting qualities. And as a contribution to the reshaping of the collective human psyche.

This means forgiving and feeling that we are forgiven.

7 brings the faculty of judgement. There is nothing wrong with the faculty itself. It is a question of how it is used and what the consequences are. For example:

Judge not to control. Judge well so you can forgive fully. Judge honestly and consciously.
In other words forgiveness does not mean being blind.
See what was, see through it, then forgive.
After that, if you will tell the story, then tell the whole story including the forgiving part.

**The primary purpose is elevation and forgiveness is the strategy which clears the lens of the mind.
Then the true way will be known and Conscious Visualisations will be effective.**

7 + 4 = 11: Forgiveness combined with Loving Gratitude is a winning formula.

Meditation:

It would make sense to practice any mediation for 40 – 120 days to set the tone of the year. Meditations for:

Forgiveness
Clearing the past
Mental strength/power
Mental clarity
See the unseen, know the unknown

Writing is a good practice for the number 7. A way of emptying the mind, of seeing your own thoughts more clearly, of reorganising your perception of reality, of stepping up and back and reducing the scale of any problems. The mind shall be like a prism and the rainbow arc revealing the natural order shall be revealed.